



Pre-Medical Honor Society

University of California, Berkeley

As a professional organization established with virtues to further individual success and foster a community of avid learners, the Pre-Medical Honor Society stands strongly in solidarity with the Black Lives Matter Movement. The hate crimes and racially-motivated police brutality faced by the Black community is devastating, and at its core, a human-rights issue.

In medicine, one of the most important components of establishing patient rapport is being able to express cultural competence. By definition, cultural competence in healthcare is being able to provide medical assistance in such a way that it still respects the cultural and social beliefs of the patient. In a similar vein, to be a better ally of this movement during these trying times, it is important to acknowledge and understand the adversities and agony imposed on the Black community throughout history.

Unfortunately, race issues are not isolated to the carceral and law enforcement systems, and heavily pervade into healthcare, an institution that is sworn under the Hippocratic Oath to uphold beneficence. Therefore, as future healthcare leaders of our society, we must educate ourselves whenever possible, including on topics both related and unrelated to health and medicine, and be more conscious of our decisions, language, and implicit biases. Following this mantra, here are some resources that we've compiled at the following link: <https://tinyurl.com/pmhsblmresources>

Please continue the conversation and spread the word. Do not let the flame of activism die out. Let us be the generation of change, the generation that does not stand idly by while injustices are carried out under our eyes. If you have resources you would like to share, please do so. We invite you all to voice your thoughts below, so that we can improve ourselves and improve our society. One of the most common motivations in pursuing medicine is to help people. It's time to help.

Stay safe and informed,
Jerry Yin, *President*
Vy Pham, *Vice President*